



## HUMBLE YOURSELF (Part 1)

Pride will block God's blessings. In this lesson you will learn how to humble yourself and get pride out of your life. **Key Scriptures:** James 4:6-10; Proverbs 16:18, 8:13, 13:10; Psalm 51:17

### I. What is pride?

- A. Having a high or unreasonable conceit or self-esteem of your own mind, body, talents, beauty, possessions, achievements, success, rank in life or position, or intelligence.
- B. The root of all sin is pride. Lucifer was full of pride – Ezekiel 28:17, Isaiah 14:12-17.
- C. Three basic temptations: lust of the flesh, the lust of the eyes, and the pride of life – I John 2:16.

### II. What happens when you humble yourself – James 4:6,7

- A. God will give you grace.
- B. You will submit to God (do what God says).
- C. You will resist the devil and he will flee from you.

### III. Actions of humility – James 4:8,9

- A. Draw near to God – people who draw near to God go to church.
- B. Cleanse your hands – let the Holy Spirit show you things that you are doing wrong.
- C. Purify your hearts – if your motives, thoughts, desires, and imaginations have been wrong, repent and bring them to a halt.
- D. Lament and mourn and weep - sorrow for sin.

### IV. Why have a humble heart?

- A. You will recognize your need for God.
- B. You will pursue God.
- C. You will surrender and obey God.
- D. You will have a grateful heart.

### DISCUSSION QUESTIONS

- How has pride been a problem in your life?
- What actions are you taking to get pride out of your life?
- How have you used the words “pride” and “proud” in your conversations?

### BE A DOER OF THE WORD

This week make a decision to get the words “pride” and “proud” out of your confessions. Instead of telling people you are proud, use phrases such as, “I am grateful,” “I am thankful,” “God gave me the ability.”

### SCRIPTURE MEMORY VERSE:

James 4:6 – “God resists the proud, but gives grace to the humble.”